# I)) DYSPHONIA INTERNATIONAL

### WORLD VOICE DAY | REQUESTING A PROCLAMATION

Obtaining an official World Voice Day proclamation from a government office can be an excellent opportunity to raise awareness and generate media attention about voice disorders. The actual process for obtaining a proclamation will vary by office, so below is some guidance for obtaining a proclamation. Be sure to consult with the official's office as early as possible; some request them months in advance.

#### **STEPS FOR OBTAINING A PROCLAMATION**

- Contact your federal or state Senator and/or Representative, Governor, Mayor, or City/County/Township Council and request the name and contact information of the staff person responsible for issuing proclamations. You will likely be directed to someone in the Appointments, Public Relations, or Community Affairs Office. Many of these offices will have someone on staff who is responsible for coordinating the issuance of proclamations.
- 2. Provide a brief overview of Dysphonia International and your local initiatives for World Voice Day and explain how an official proclamation would help raise public awareness about spasmodic dysphonia and related voice disorders.
- 3. Submit a proposed proclamation along with your request. We have prepared a sample proclamation request letter/email and proclamation text to assist you.
- 4. Try to attend the proclamation signing or the meeting where the proclamation is being presented. Some officials' offices may have established schedules for signing proclamations, such as during weekly press conferences. If you cannot attend, make arrangements with the official's office to obtain a copy of the proclamation.

#### FOLLOW-UP

After the proclamation has been issued, follow up with the office you worked with. Send a formal thankyou email or letter expressing gratitude for their time and support of Dysphonia International's mission.

Maintain open communication with the official's office, offering future assistance as needed.

If you successfully obtain a proclamation declaring World Voice Day in your state or city, document your process and include a copy of the proclamation. Share this information with Dysphonia International at voice@dysphonia.org.

Thank you for your dedication to raising awareness about voice disorders and promoting the mission of Dysphonia International.

## I)) DYSPHONIA INTERNATIONAL

### DRAFT EMAIL TO REQUEST A PROCLAMATION

Subject: Request for Proclamation: World Voice Day on April 16

Dear [Official's Name],

I hope this email finds you well. I am reaching out on behalf of Dysphonia International to request your consideration in issuing a proclamation recognizing World Voice Day on April 16 in [LOCATION].

World Voice Day is an annual awareness event dedicated to recognizing the importance of the human voice and raising awareness about various voice-related issues. It serves as an opportunity to acknowledge the significance of vocal health, expression, and communication in our lives.

Dysphonia International is passionate about educating and raising awareness about voice disorders, and a proclamation from our [LOCATION] would help amplify the message of World Voice Day.

[ADD PERSONAL DETAILS IF COMFORTABLE, such as "I live with a vocal disorder called XXXX. It impacts my daily life by XXXX. I lead a local support group to help serve the people in this area"].

By officially recognizing World Voice Day, [LOCATION] can demonstrate its commitment to fostering greater awareness within our community about the importance of maintaining healthy voices and showing support for individuals with voice-related challenges, fostering a culture of inclusivity.

We would happily provide draft language for the proclamation and assist with any necessary preparations or coordination. Additionally, please let us know if there are any requirements or guidelines for issuing proclamations.

Thank you very much for considering our request. Please feel free to reach out if you have any questions or need further information. We look forward to the opportunity to work together on this important initiative.

Warm regards,

[Your Name]

#### ABOUT DYSPHONIA INTERNATIONAL

Dysphonia International is a nonprofit organization with the mission to improve the lives of people affected by spasmodic dysphonia and related voice conditions by finding answers through research, building understanding through education and awareness, and raising hope through support for those living with these challenging vocal disorders. Learn more at DYSPHONIA.ORG.

# I)) DYSPHONIA INTERNATIONAL

## PROCLAMATION

### APRIL 16, 2025, IS WORLD VOICE DAY

WHEREAS, the human voice is a precious instrument expressing feelings, personality, and identity, and

WHEREAS, an estimated 28 million Americans have some voice condition that impairs their ability to communicate easily, and

WHEREAS, a diagnosis of a voice disorder can be life-altering, affecting your relationships, employment, social activities, and even self-esteem.

WHEREAS there is a need for greater recognition and understanding of the impact of voice disorders both in the general public and within the medical community, and

WHEREAS, on April 16, we commemorate World Voice Day, a day dedicated to recognizing the significance of the voice in our lives and understanding the challenges faced by those living with voice disorders, and

WHEREAS, Dysphonia International tirelessly advocates for individuals affected by voice conditions like spasmodic dysphonia, vocal tremor, vocal cord paresis/paralysis, and muscle tension dysphonia, striving to educate and raise awareness, provide support, and fund research to find answers for the cause of and cure for these conditions, and

WHEREAS, through education, awareness, and support, Dysphonia International empowers individuals living with voice disorders, fosters understanding within communities, and advances the quest for improved treatments and therapies through research.

NOW THEREFORE, I <u>(name of the local official</u>) of (<u>State or Location</u>) do hereby declare April 16, 2024, to be World Voice Day.

We honor the invaluable work of Dysphonia International in raising awareness about voice conditions, and we stand in support with all those affected by these vocal challenges.

Signed this (Date) of (Month), in the year two thousand twenty-five.

[Signature]