

NATIONAL SPASMODIC DYSPHONIA ASSOCIATION

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DISCOVER

Learn about treatment options. Stay updated on the latest research. Find helpful tools and resources that have worked for others.



CONNECT

Meet others who understand the challenges of living with a voice disorder. No one will ask if you are sick or if something is wrong with your voice.



SHARE

Share your journey and gain insight from others. Find support. Build your network. Leave feeling empowered. Discover a community that cares.