

#60daygratitudechallenge, #ifeelthelove

60 Day Gratitude Challenge

Join us in posting your gratitude each day for 60 days using the prompt in the calendar.

January / February 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 WHAT ARE YOUR INTENTIONS FOR THIS YEAR? CELEBRATE THE POSSIBILITIES!	2 TIME OF DAY.	3 A SMELL.	4 YOUR NEIGHBORHOOD.
5 PROMPT.	6 A FRIEND.	7 SOMETHING THAT SMELLS GOOD.	8 SOMETHING THAT MAKES YOU SMILE.	9 A HAPPY MEMORY.	10 SOMETHING YOU LIKE ABOUT WHERE YOU LIVE.	11 A PERSON.
12 SOMETHING YOU ARE LOOKING FORWARD TO.	13 A LESSON THAT TAUGHT YOU SOMETHING MEANINGFUL.	14 A PERSON YOU LOOK UP TO.	15 A PERSONALITY TRAIT OF YOURS.	16 AN ITEM YOU USE EVERY DAY.	17 SOMETHING ABOUT WORK.	18 A HOLIDAY YOU LOVE.
19 A TECHNOLOGY.	20 SOMETHING THAT MADE YOU LAUGH RECENTLY.	21 ANYTHING THAT STRUCK YOU AS NICE TODAY.	22 A BOOK, MAGAZINE OR PODCAST.	23 ANOTHER PERSON.	24 SOMETHING IN NATURE.	25 A GIFT YOU HAVE RECEIVED.
26 SOMETHING THAT MAKES ME HOPEFUL.	27 A COMPLIMENT YOU HAVE RECEIVED.	28 SOMETHING I'M PASSIONATE ABOUT.	29 FAVORITE FOOD.	30 A PERSON IN YOUR FAMILY.	31 A FOOD YOU LOVE.	1 AN ABILITY.

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February / March 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 FAVORITE RESTAURANT.	3 PLACE YOU LOVE.	4 YOUR BELIEFS.	5 AN ANIMAL.	6 SOMETHING THAT MADE YOU SHED A TEAR OF JOY.	7 PLACE YOU VISITED.	8 A GUIDING PRINCIPLE.
9 A HOBBY OR PASTIME.	10 A BOOK YOU LOVED.	11 SOMETHING BEAUTIFUL THAT YOU'VE SEEN.	12 SOMETHING THAT TAKES YOUR BREATH AWAY.	13 A SIMPLE THING.	14 SOMETHING OR SOMEONE YOU LOVE.	15 SOMETHING ABOUT YOUR BODY.
16 SOMETHING YOU FIND BEAUTIFUL.	17 A SONG.	18 AN ACCOMPLISHMENT OF YOURS.	19 THING YOU USE EVERY DAY.	20 SOMETHING THAT MADE YOU THINK.	21 JUNK FOOD.	22 SOMETHING SOMEONE MADE FOR YOU.
23 A TEACHER.	24 BEST TRAIT IN OTHERS.	25 YOUR PARENTS.	26 AN INDULGENCE.	27 A TRADITION.	28 A SEASON.	29 RANDOM ACT OF KINDNESS YOU'VE SEEN.
1 AN INNOVATION.	2 A CHARITY OR NON PROFIT.					